

*"I continue to get positive feedback on our Ropes Course Challenge! I think we successfully opened our team's eyes to a new form of team building."*

**- Oldcastle Materials**



## Ropes Course Challenge

The Team Ropes Course Challenge includes a combination of high and low ropes challenges that require teams to communicate effectively, collaborate strategically and execute efficiently.

The team will begin the event with a series of thought provoking and strategic 'low ropes' initiatives and build to the opportunity of experiencing several high ropes challenges. Team members must effectively utilize their team resources and manage the skills that each individual brings to the team.

The objective is to complete each Challenge and to discuss what elements of team and leadership were used to successfully complete the activity.

Corporate Teams is dedicated to integrating the specific team and leadership challenges and opportunities that your team currently faces into the overall event and providing a strong alignment of these into the Team Foundation and Team Management segments of the program.

The team will walk away with thought provoking learning and actionable steps that will increase individual and team performance.

### **Ideal Environment:**

- Corporate Meetings
- Retreats/Annual Kick-Off Meeting
- National/Regional Meetings
- Team/Corporate Restructuring

### **Team Size:**

- 10 – 100

### **Space Requirements:**

- Outdoor

### **Timeframe:**

- 3 hours – 6 hours

### **Physical Challenge:**

- Medium – High

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## Ropes Course Challenge Overview

### Foundation

The foundation is the alignment of team objectives and team challenges/opportunities to the Ropes Course Challenge. The time spent here provides a jumpstart to the activities and builds a framework for team members to integrate their experience to the dynamic workplace environment. Teams are asked to set goals for how they will work together and examine leadership roles.

### Action

This is where the action takes place! Teams will be required to strategize, analyze potential alternatives, develop an implementation plan, execute the plan and measure the results. The team will rotate through both low and high ropes challenge elements.

### Results

This is where the adventure meets the workplace. Teams will gather together to answer questions about sharing best practices, leadership at all levels, and interpersonal dynamics. The Team Ropes Course Challenge provides the opportunity for teams to identify valuable insights that link to the overall objectives for your team. This 'Action Debrief' addresses the key objectives of the team and what was learned during the event that can be brought forward into the workplace.

## Outcomes & Objectives

- Team members learn what areas of the TEAM Balance Model 'energize' them during the strategy designing process
- Develops team management skills
- Engages team spirit and builds trust among team members
- Rewards the team for successful teamwork in an engaging, fun program
- Inspires the team to work collaboratively and devise an effective strategy

